

ARMADALE CLINICAL PILATES TIMETABLE



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6.50 AM			●			
7.30 AM		●	●			●
8.00 AM	●					
8.10 AM						●
8.40 AM					●	
8.50 AM						●
9.20 AM		●		●		
9.30 AM					●	●
10.00 AM		●		●		
10.10 AM					●	●
10.30 AM			●			
10.40 AM				●		
10.50 AM	●				●	
11.00 AM		●				
11.30 AM	●			●		
11.40 AM		●				
12.00 PM					●	
2.00 PM		●				
2.20 PM	●			●		
2.40 PM		●				
3.00 PM	●					
4.20 PM	●					
5.20 PM			●	●		
5.40 PM		●				
6.20 PM	●	●				

Note:

Private Health Rebates Available
Depending on Health Fund Cover

Packs are non-refundable and are to be paid prior to commencing your first class

CLINICAL PILATES PRICES	
Casual Class	\$47.00
5 Class Pack	\$223.00 (\$45 per class)
10 Class Pack	\$423.00 (\$42.30 per class)

Fitwise Physiotherapy

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