

EXERCISE CLASS TIMETABLE (East Melbourne)



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
7.30 AM	S/W	YOGA	S/W			
7.50 AM					YOGA	
8.50 AM						P40
10.00 AM		S/W				
10:10 AM					P40	
10.40 AM				S/W		
11.00 AM		S/W	S/W			
12.00 PM				YOGA	S/W	
6.10 PM	P40		P40			

P40	- PREG/POST NATAL CIRCUIT CLASS
S/W	- STRENGTHWISE
YOGA	- YOGAWISE

STENGTHWISE CLASS PRICES	
Casual:	\$39.00
5 Class Pack:	\$185.00 (\$37.00)
10 Class Pack:	\$351.00 (\$35.10 per class)
P40 & YOGAWISE CLASS PRICES	
Casual Class:	\$28.00
5 Class Pack:	\$132.00 (26.40 per class)
10 Class Pack:	\$252.00 (25.20 per class)

Note:

Private Health Rebates Available
Depending on Health Fund Cover

***Packs are non-refundable and are to be paid
prior to commencing your first class***

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