

## EXERCISE CLASS TIMETABLE (East Melbourne)



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
7:00 AM					<b>C60</b>	
7:30 AM	<b>S/W</b>	<b>STRETCH</b>	<b>S/W</b>			
8:30 AM					<b>STRETCH</b>	
8:50 AM						<b>P40</b>
10.00 AM		<b>S/W</b>			<b>P40</b>	
10.40 AM				<b>S/W</b>		
11.00 AM			<b>S/W</b>		<b>S/W</b>	
6:00 PM		<b>C60</b>				
6.10 PM	<b>P40</b>					

### CLASS PRICES:

<b>P40</b>	<b>PREG/POST NATAL CIRCUIT CLASS</b>	<b>STENGTHWISE, C60 CLASSES:</b>
<b>S/W</b>	<b>STRENGTHWISE</b>	Casual: \$40.00
<b>STRETCH</b>	<b>PHYSIO STRETCH &amp; FLOW</b>	5 Class Pack: \$191.00 (\$38.20 per class)
<b>C60</b>	<b>CIRCUIT 60</b>	10 Class Pack: \$362.00 (\$36.20 per class)
<b>Please note: Private health rebates are available depending on cover. Packs are non-refundable and to be paid prior to commencing your first class.</b>		<b>P40 &amp; STRETCH &amp; FLOW CLASS:</b>
		Casual Class: \$29.00
		5 Class Pack: \$136.00 (\$27.20 per class)
		10 Class Pack: \$260.00 (\$26.00 per class)

Fitwise Physiotherapy

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