

EXERCISE CLASS TIMETABLE (Armadale)



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6:50AM						
8:30 AM			S/W			
8:40 AM						P40
9:30 AM	RF				RF	
9:40 AM				P40		
7.00 PM			P40			
CLASS DESCRIPTIONS:				CLASS PRICES:		
P40	- PREG/POST NATAL CIRCUIT CLASS (40 mins)			STRENGTHWISE & REFORMER FITNESS		
S/W	- STRENGTHWISE (60 mins)			Casual - \$40.00		
RF	- REFORMER FITNESS (60 mins)			5 Class Pack - \$191.00 (\$38.20 per class)		
Note: Private health rebates available depending on health fund cover. Packs are non refundable and are to be paid prior to commencing your first session.				10 Class Pack - \$362.00 (\$36.20 per class)		
				P40		
				Casual - \$29.00		
				5 Class Pack - \$136.00 (\$27.20 per class)		
Please note: Saturday classes attract a 5% surcharge.				10 Class Pack - \$260.00 (\$26.00 per class)		
Full price list is available on our website.						
<p style="text-align: center;"> Fitwise Physiotherapy Rear of 1095 High Street, Armadale Ph: (03) 9822 4999 www.fitwise.com.au </p>						